

# THE HOLLINGWORTH CHRONICLE

## RESPECT

### BREXIT – WHAT IS IT?

Brexit: A word you must have heard a lot over the past three years. It's a slang word created from the words Britain and exit.

In 2016, the UK voted to leave the EU. The EU stands for European Union.



Brexit: the best decision for Britain?

The majority of voters decided they wanted us to leave the EU. They felt we paid too much and got little in return.

Theresa May, the outgoing Prime Minister, had to go to the other EU member countries and tell them that we wanted to leave. This is called Article 50. Our Prime Minister has been negotiating with the EU members a "deal", which is a compromise between what we want and what they want. Theresa May has been negotiating the UK's exit from the EU since 2017. It has been a long and complicated process. Our Government (the Members of Parliament or MPs) has to agree to the terms that have been negotiated by the Prime Minister and the EU leaders.

## RESPONSIBILITY



Year 9 Girls Rugby Champions

### RULERS OF ROCHDALE: HOLLINGWORTH DOMINATE

Hollingworth continued their dominant streak in Rochdale sport with both female rugby and rounders teams triumphant.

The Year 7 tag female rugby team and the year 9 female rugby team flew to victory in the Rochdale championships. Ms Warriner said of the team, "Congratulations to all the girls that participated in the rugby tournament. The girls worked hard in lessons and during extra-curricular practices to refine their skills. They showed real flare and creativity when attacking and were solid in the tackle when defending".



Victorious: the Year 7 tag rugby team



Unvanquished: Year 10 rounders champions

### Reigning at Rounders

Astonishingly, our Hollingworth warriors were victorious in three out of the four finals they participated in: Years 7, 9 and 10 all reigned supreme, with Year 8 commendably contesting the final but ultimately becoming runners-up.

We can't negotiate forever. We have to leave by 31<sup>st</sup> October 2019 at the latest. If our Government can't reach an agreement by then, it will cause a "No-Deal Brexit". This means that there is no agreement with other EU countries in the future.

A simplified version of what this means is:

**DEAL:** If you went to your favourite supermarket with a shopping list, you would know where to get each item from and what it would cost.

**NO DEAL:** You would go to a foreign supermarket with the same shopping list. You wouldn't know where to get each item from and or how much it would cost.

Theresa May has decided to stand down as Prime Minister as she feels that she has done all that she can. She has bought different deals for the Government to agree on three times. The MPs have said no to each of these deals. They have lost confidence in her ability as a Prime Minister.

Until a new Prime Minister is agreed upon, Brexit is at a standstill.

Look out for my next article about who the new Prime Minister is and what will happen with Brexit whilst they are in power.

**By: Luke**

**SHOUT: FREE AND CONFIDENTIAL MENTAL HEALTH TEXT SERVICE.**

If you are struggling and want immediate help, text 85258 for support. There will be a real person on the other end to help support you from crisis to calm. It is confidential and free.

"Congratulations to all the girls who participated in the Rochdale rounders tournaments. The standard of play was exceptionally high this year, which meant a high level of batting and fielding skills were needed. The girls' tactical knowledge and application of the rules was evident in outwitting their opponents to secure three victories."

One thing is for certain: Hollingworth continue to excel in sport, a testament to the hard work and dedication of the staff and pupils.



**Dominant: the Year 9, 8 and 7 rounders teams**

**By: Miss Beresford**

## TRUMP STRIKES AGAIN: FRESH SANCTIONS ON IRAN CAUSE CONCERN AND CONTROVERSY.



**Trump and Khamenei: the President of the United States and Supreme Leader of Iran**

US President Donald Trump recently signed an order that targets Iran's Supreme Leader and his associates with additional financial sanctions (a punishment or penalty given to deter breaking international rules). Trump imposed these sanctions following a series of aggressions by Iran including the downing of an unmanned US surveillance drone.

Tensions between the US and Iran have been growing since May, when Washington ordered that all countries halt imports and exports of Iranian oil. The targets of these new sanctions include senior military figures in Iran, blocking their access to any financial assets under US jurisdiction. They also work to deny the Supreme Leader and other top officials a permanently closed the path to diplomacy between Tehran and Washington DC.

US President Trump targeted Khamenei and other top Iranian officials with sanctions, taking the unprecedented step to increase pressure on Iran after Tehran's downing of an unmanned US drone.

## SAVAGE PROTESTS IN SUDAN

On 3<sup>rd</sup> June 2019, more than 100 people were killed in Khartoum, the capital of Sudan. Half of these bodies were dumped in the river Nile. An internet shutdown has made it difficult to gauge the extent of this atrocity.

Protests have been taking place all over Sudan because four innocent people were killed after protesting for a civil disobedience campaign. This created uproar between the Sudanese citizens and caused many more protests. This left many civilians fleeing their houses and causing the streets to crumble into a mass of chaos. One man who was involved in the protests said, "I am now on the list of 168 people that the security services want dead." There are further fears that halts in oil production will have repercussions on the world market.

The UN (United Nations), which has more than 7,500 troops on the ground in Sudan, has requested reinforcements and has promised it will not abandon civilians. However, experts have said that the forces will not be able to prevent violence across such a vast territory.

You may have seen Instagram cover photos being turned blue in support of the atrocities in Sudan.

By: Haroon

### WHERE IS SUDAN?



Sudan is a country in the North East of Africa that has experienced many years of bloodshed.



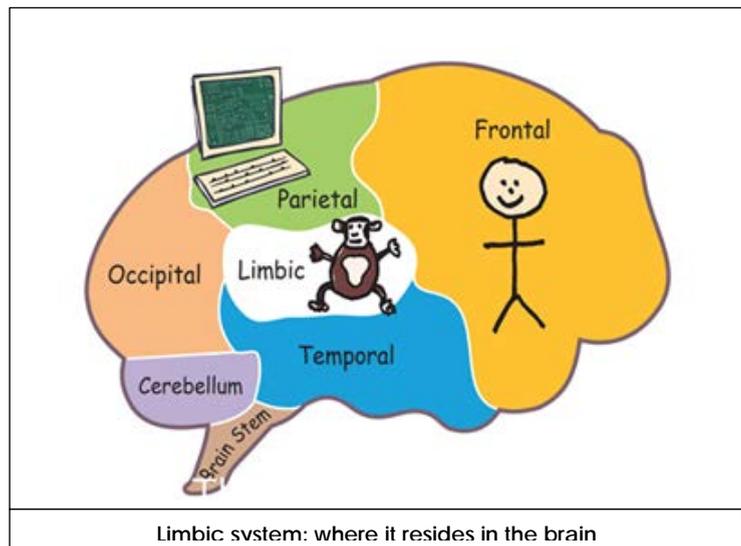
The position of the US drone shot down

Washington also said it would impose sanctions on Iran's Foreign Minister Zarif this week. He negotiated the 2015 nuclear deal with the US and other major powers (that Trump recently pulled out of) and has spearheaded Iranian diplomacy since. Khamenei is Iran's utmost authority who has the last say on all state matters.

"These measures represent a strong and proportionate response to Iran's increasingly provocative actions," Trump said. "We do not seek conflict with Iran or any other country," the US President said. "I can only tell you we cannot ever let Iran have a nuclear weapon."

By: Ben

## WHY DO WE ACT LIKE WE DO: THE CHIMP PARADOX.



Limbic system: where it resides in the brain

If you are on a diet and you eat a doughnut, you know you shouldn't really have had one in the first place but then you keep eating and eating until you have eaten the whole packet. Professor Steve Peters has named this the "Chimp Paradox" known as your inner "chimp".

The theory is that we all have a little "chimp" in our brain telling us what to do. The scientific name for this area of our brain is the limbic system. This part of the brain is designed to keep us safe and can be described as representing our animal instincts (have you heard of fight or flight?)

## AN EYE FOR AN EYE: A RELENTLESS CYCLE BEGINS

On 21<sup>st</sup> April 2019, a terrorist attack shook the city of Colombo, Sri Lanka. Numerous bombs detonated between 8:45am and 9:05am across the state. The attacks focused on areas populated with vast amounts of people to ensure serious harm and widespread panic ensued.

At 8:45am, four bombs exploded in two large churches and hotels, whilst people were celebrating Easter Sunday. Five minutes later another bomb exploded in a largely populated hotel and 15 minutes after this, another exploded in a church further east. However, later on in the afternoon at 1:45pm a bomb went off in another hotel, followed by another exploding 30 minutes later in the suburbs of Sri Lanka. Authorities later discovered explosives in vans in locations across the state, which luckily hadn't detonated.

In the end, the death toll of these horrendous attacks was around 290; 39 of these were people visiting Sri Lanka for a holiday. At least 500 people were injured from the attacks and 28 of them were foreign tourists. It was concluded by the Sri Lankan Government that these attacks were co-ordinated. The primary reason that they were carried out was suspected to be due to a political instability that surrounded Sri Lanka and affected the majority of the citizens there. Another reason that these attacks were done at this specific time was because of the Easter holidays, a time where many religious people celebrate the rebirth of Christ.

There is speculation that this attack was in retaliation to the New Zealand terror attack, when an armed man staged an attack on a mosque during a busy Friday prayer. If this is the case, then what will happen next? The attacks will never stop and the world will be tormented by a constant loop of fear and will always be on the brink of war. Is this what we want for the future generation?

By: Hafsa and Leah

Could you imagine if you took a chimp and put him in day-to-day social situations, such as someone bumping into you on the corridor or having a disagreement with your friends? Your inner "chimp" would just attack because it is adapted to the primitive life of the jungle and not the evolved, civilized life that we live in today. "Chimp" thinks about short-term survival instead of the long-term effects of your actions. When we let our "chimp" take control, it can get us into trouble and make us act in a way we don't really like.

So, when we find ourselves in situations where our inner "chimp" might be about to take over and cause a scene, how can we control this? Professor Steve Peters suggests some tips in his book 'Hidden Chimp'...

1. Smiling – experts say that when you smile, you automatically make yourself feel happier.
2. Say sorry – making others feel better helps them to forgive you.
3. Being kind to someone.
4. Talk about your feelings – keeping them inside makes them worse and talking helps you to understand them.
5. Asking for help.
6. Showing good manners – this helps you to feel good about yourself, build relationships and present yourself as a lovely human being.
7. Try new things – trying something new can be fun and rewarding but can be really challenging for your chimp.

"Chimp" is a part of our brain that can act without permission (think when a teacher is shouting and all you want to do is shout back at them – this is "chimp" trying to make that decision for you!) Therefore, next time you are about to make a rash decision, stop! Think before you do it and say to yourself, "Do I really want to say this?" If the answer is no, then your "chimp" will have been the reason you wanted to do it.

This is not the logical part of your brain that understands the long-term consequences of your actions, (i.e. the Link Room). This part of your brain thinks about how your actions will make you and people around you feel. Therefore, we need to try to control the chimp inside of us to make ourselves the best we can be and remember, you are not responsible for your chimp, but you are responsible for managing it.



A relentless cycle? Part of the devastation of the Sri Lankan Church attacks from Easter Sunday

**'SILENCE'  
AN AWARD WINNING  
POEM BY MAIA**

**SILENCE**

If I were to scream,  
You would pretend not to hear.  
If I were to cry,  
You would ignore my tears.  
If I were to speak,  
You would silence me.  
Yet again.

Why?  
Why would you pretend not to hear?  
Why do you silence me,  
Again and again?

Because I am a woman.

Because I have a different body,  
You ignore my voice.

*But – now you must listen.*

My brothers and sisters have  
been imprisoned  
Because of their race; their body  
or who they love.  
They try to scream.  
But you don't allow that either.  
They have been muzzled like  
dogs. Silenced.

*But now you must listen  
Because we have a story to tell*

Hear our voices.  
Listen.  
Even for a moment, a second.  
Just listen.  
Hear the pain, the silence,  
The trauma, the sadness that you  
have inflicted.

And yet we still find light; we find  
the end of the tunnel.  
We are human.  
But scared of the dark  
Scared of the silence.

*And yet.*

You cage us in the dark, like  
animals.  
In a place of silence, where there  
is nothing at all.  
In the place you are afraid of.

## HOLLINGWORTH PUPILS ATTEND OXFORD UNIVERSITY FOR TRIUMPHANT ORWELL WRITING AWARDS

On Friday 5<sup>th</sup> July 2019, some Hollingworth pupils travelled to one of the best universities in the world to celebrate not one but three winners from Hollingworth of a prestigious writing competition: the George Orwell Political Writing competition. Basking in hundreds of years of distinguished education, Oxford University regards itself as one of the best universities on earth and three Hollingworth pupils proved that they truly belong amongst such illustrious company.

Umme, Sidra and Maia won awards for their brilliant and inspiring work. Sidra received a Runner Up award, whilst Umme and Maia received the Highly Commended award. It is worth noting that Maia in Year 7 was the youngest award winner! This is an incredible feat as there were 269 entries overall and the three girls managed to beat some amazing rivalry from schools across London. All three pupils took part in writing workshops with award winning journalists and authors such as Max Daley, Sarah K Perry, Delia Jarrett MacAuley and Irenosen Okojie. They also took part in a debate entitled "Our education equips us for the future we want."

Caitlin Moran was the judge for this year's competition. Caitlin has won the British Press Awards' Columnist of the Year, Interviewer of the Year, and Critic of the Year. Her bestselling memoir "How to be a Woman" won the National Book Awards Book of the Year, was an instant New York Times bestseller and is published in 25 languages.



**Umme, Sidra and Maia with their awards from Easter Sunday**



**Umme and Sidra with guest presenter Rick Edwards**

But beware, a hurricane is due.  
You will be swept up by our words.  
Our anger.  
Our love.

*We are no longer afraid.  
We are no longer afraid.  
We are no longer silenced.*

*We are free.*

**By: Maia**

To the left is Maia's Highly Commended poem at the George Orwell Youth Prize Awards. If you want to read more of the winners, including our very own Umme and Sidra, please go to:

<https://www.orwellfoundation.com/the-orwell-youth-prize/2018-youth-prize/previous-winners-youth/>

## DIVERSITY WEEK AT HOLLINGWORTH

On Monday 8<sup>th</sup> July, Hollingworth suspended all normal lessons and embarked on a week of diversity-based workshops, lessons and talks. Organised by the indefatigable Miss Pollard, the whole school pulled together to discuss, inform and in some cases celebrate the differences and issues in society. Miss Pollard has pulled together a thrilling timetable that encapsulates various aspects of society and the world.

Date	Speaker
Monday 8 <sup>th</sup> July	Imam Hassanat Ahmed
Monday 8 <sup>th</sup> July	Sale Sharks 'balls to that' mental health talk
Tuesday 9 <sup>th</sup> July	Luke Ambler – Andy's Man Club
Wednesday 10 <sup>th</sup> July	Minna Feldman-Moffet – Sign How
Wednesday 10 <sup>th</sup> July	Andy Walker
Thursday 11 <sup>th</sup> July	Minna Feldman-Moffet – Sign How
Thursday 11 <sup>th</sup> July	Good Lad Initiative
Friday 12 <sup>th</sup> July	Baroness Newlove
Friday 12 <sup>th</sup> July	Dr Shameela Islam-Zulfiqar
Friday 12 <sup>th</sup> July	DiversiTEA mental health stall
Friday 12 <sup>th</sup> July	Good Lad Initiative

## LET'S TURN THE TIDE ON PLASTIC



We are the first generation to know that we are destroying the world, and the last that can do anything about it. With cutting down rainforests and persisting in releasing hideous quantities of pollution into the atmosphere all taking its fragment of guilt, we're here to highlight on one problem in particular... PLASTIC!

With David Attenborough's 'Blue Planet' series and 'Drowning in Plastic' building awareness and concern for the matter, the future of our Earth is facing its greatest threat – staring it right in the face and yet standing and doing nothing to resolve the issue. It is all well and good talking and blogging on plastic, but by the skin of your teeth, there is very little work being attempted to resolve this constantly growing problem. An overwhelming 91% of plastic isn't being recycled. In fact, most of Britain's recyclable waste is being shipped abroad and is being burned; this has resulted in the air being toxic, and some children having nosebleeds from just breathing. When you believe that you are doing the right thing and recycling it, unfortunately, this is often far from the truth...

In addition, the consumer market is going to have to have a major shift in our hopeful rise to a healthier and significantly more sustainable world. This will impact on their advertising and single use plastics production.

Every single minute of every single day, a truckload of plastic is finding its way into the world's oceans; once there it is sticking around for hundreds of years. We are just adding to a thicker, plastic soup. Kilos of plastic are being found in the stomachs of whales. Sea birds are starving as their abdomens fill up with it. Large bits of plastic are gradually breaking down into micro plastics. These then enter marine animals and pass on through the food chain – next time you have fish and chips, think about the micro beads of plastic you are eating from the fish!

We need to stop producing plastic and find ways to overcome this and make renewable sources of packaging, or this will continue to make its devastating impact on the environment and eco-systems worldwide. Companies and retailers are *still* using single use plastics at a substantial rate (Morrison's just became the first British supermarket to ban plastic wrapping on fruit and vegetables). If we continue with this irrational behavior then our future and the future of wildlife is at risk. Plastic is cheap and easy to produce which is why manufacturers love it so much. One needs to ask though, is this price too high?

It has taken us almost 70 years to start mass-producing plastic to clog up our oceans with the stuff, but scientists have only just begun to understand the scale of this problem.

## DIVERSITY WEEK AT HOLLINGWORTH

Some of the highlights include:

Sale Sharks 'Balls to That' campaign: representatives from Sale Sharks will be visiting to talk to pupils about male mental health. One of the speakers is Craig Monaghan. Craig served in the Army for seven years, before being medically discharged after sustaining life-changing injuries. He then suffered from major PTSD.

We are awaiting confirmation that Denny Solomona (England Rugby international) will also be attending.

Luke Ambler: former Ireland international rugby league player. He created 'Andy's Man Club' and pioneered the 'It's OK to talk campaign'.

Minna Feldman-Moffet, Director of Sign How. Minna is deaf and is passionate about improving access for deaf people through improved British Sign Language communication and awareness.

Andy Walker: paralysed from the neck down after a diving accident in Goa in 2006. Andy defied all odds to become an ambassador of positivity through his motivational speaking consultancy, Living Your Dreams Consultancy based in Oldham.

Good Lad Initiative: 3 hours of workshops about gender stereotypes and gender inequality for Year 8 boys, aiming to promote positive masculinity.

Dr Shameela Islam-Zulfiqar is a proud mother of four, a medical doctor and a humanitarian activist. She has a Master's degree in Disaster Management and Conflict Resolution at the University of Manchester. Dr Islam-Zulfiqar has assisted on humanitarian aid convoys to Syria on several occasions since the start of the Civil War, delivering aid to those most in need and treating the injured in Syrian hospitals.

What they have discovered is that plastic does not degrade harmlessly: they break up into even smaller pieces. These micro plastics are poisoning the natural world, getting into the bodies of creatures and entering the food chain. Now it is emerging that one in particular is being pumped out of all of our homes - day after day - in your washing machine. When washing synthetic clothes, fibres are released. When the clothes are swishing and swirling in the water, fibres can detach from our clothes and can go into the wastewater. Two thirds of the clothes we buy contain plastic. On a typical wash of acrylic clothing, over 7000 fibres can go down the drain. This results in billions of fibres going down the drain, day in, day out. By putting our machines on shorter washes and less often, we can help to reduce this.



**Devastation: plastic waste is present throughout marine locations and with marine animals**

Ultimately, I believe we need to cut down on single-use plastics and begin using sustainable resources.

**By: Dylan**

### The Hollingworth Chronicle Contributors:

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With thanks to Miss Beresford for supporting the Hollingworth Chronicle.

Please send articles of interest to Miss Beresford in Room 204.