



# THE READING WIND DOWN PROGRAMME



Hello Hollingworth Pupils,

This document has everything you need to begin the reading wind down programme. It is designed to expose you to a range of challenging but engaging texts, as well as improving your reading age and more importantly, to look after your wellbeing. As you know reading can sometimes be tough, but it doesn't have to be.

The idea is to use the last 20—30 minutes of your day to wind down and either listen or read to your book. Follow the weekly timetable to build reading into your daily routine. You can also check out the Padlet links to explore a range of quirky interesting tasks about your book—a chance to be creative.

Most importantly use this time to look after yourself. It is difficult to spend the majority of your day looking at a screen and it is important that we find time to relax.

We hope you enjoy the programme and look forward to seeing your wonderful work.

Happy reading!

## Fantastic books and where to find them

Use the links below to get free access to audiobook versions of the texts.

### Year 7 The Jungle Book:

<https://www.youtube.com/watch?v=8043FRfMIqs>

### Year 8 Treasure Island:

[https://www.youtube.com/watch?v=\\_y4FuHiZTSY&list=PL\\_tOOJaoMSNUiAQDL5\\_pv4SGcxjAogE-u](https://www.youtube.com/watch?v=_y4FuHiZTSY&list=PL_tOOJaoMSNUiAQDL5_pv4SGcxjAogE-u)

### Year 9 Legend of Sleepy Hollow:

<https://www.youtube.com/watch?v=vdEhSpNnlqs>

### Year 10 The Picture of Dorian Gray:

[https://www.youtube.com/watch?v=pmJdQydaJCE&list=PL6xy4kV\\_zoE-\\_ryuWr1qR1Prr1ZqrApgy](https://www.youtube.com/watch?v=pmJdQydaJCE&list=PL6xy4kV_zoE-_ryuWr1qR1Prr1ZqrApgy)

## Padlet Links

Click on the link for a variety of tasks relating to the book you are reading

### Y7 The Jungle Book

<https://padlet.com/misskprigmore/f0dakycpxqey>

### Y8 Treasure Island

<https://padlet.com/misskprigmore/x3wf6rcka2or>

### Y9 Sleep Hollow

<https://padlet.com/misskprigmore/10qmgp4ths4hyoy>

### Y10 A Picture of Dorian Gray

<https://padlet.com/misskprigmore/s929taauzjyn2mk>

Mon	Someone reads aloud whilst you follow the text
Tues	Independent read
Wed	Independent read
Thurs	Independent read
Fri	Read aloud to someone else to practise your fluency This is a nice opportunity to discuss what has happened in your book since you last read together (Monday)

